

Protective Behaviours

For anyone working with children, young people or families

Two days- 11 & 12 December 2012 10am-4pm

Cost: £80 Venue: Central Brighton



The two key themes of Protective Behaviours are:

“We all have the right to feel safe all of the time”

“There is nothing so awful that we can't talk about it with someone”

Protective Behaviours is a personal safety and life skill process that teaches the ability to recognise and deal with situations in which we don't feel safe. It can be used as both an abuse prevention strategy and to address situations such as feeling worried or bullied, as well as promoting good citizenship.

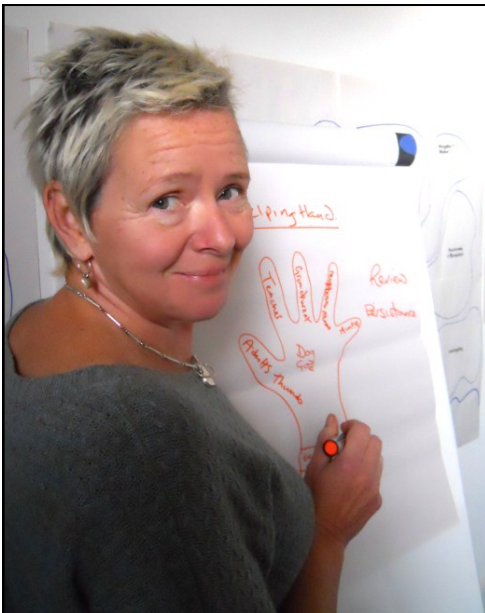
Protective Behaviours teaches an ability to recognise when we are not feeling safe, and provides skills and tools to enable individuals to take action and get help when they need it. It also recognises that life is also about taking risks and trying new things and that this is part of our development and an important life skill.

Benefits and learning outcomes for you:

- An understanding of the framework of PBs by exploring the two key themes
- Development of safety awareness skills for ourselves and for the people we work with and how risk taking fits into this model
- A familiarity with a range of tools that can be used when working on safety issues with children, young people and parents

Benefits for clients and their families - skills and strategies for:

- Development of healthy family relationships
- Improved emotional literacy
- Improved safety awareness
- Development of supportive networks
- Increased ability in assertiveness and improved self-esteem
- Increased ability in problem-solving



For more information please call the training team on 01273 420973

or email us at training@safety-net.org.uk

To book your place, go online to <http://safetynetbrighton.eventbrite.co.uk> or scan here:



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