

# How might you feel if...

- you were swinging very high on a swing
- you had a hug from someone you like
- you got lost somewhere new
- it was your turn to show and tell the class
- you lost something very precious to you
- you found something you'd lost that's very precious to you
- you were cycling very fast down a hill
- you were asked a question you didn't know the answer to
- you were the only person to know the answer
- your friend wasn't feeling very well
- you were getting ready for a party where there would be lots of people you don't know

What could you do if you were in any of these situations and you didn't feel safe, what would your choices be, can you think of at least three different things you could do?

What do you think would be the safest choice in each case?