

## The 3 little pigs

*Once upon a time there were 3 little pigs.*

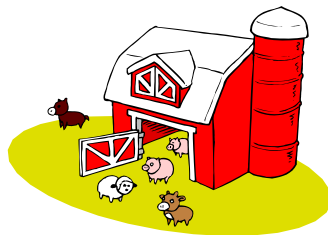


The 3 little pigs were moving away from home, their Mum & Dad and wanted to feel safe in their own house all of the time.

The first little pig, made his nice safe house of straw. He built it all nice and cosy. He chose straw because it reminded him of being with his mum and having cuddles. Mum said the big bad wolf may blow it down though. The first little pig liked the straw so he built it anyway.

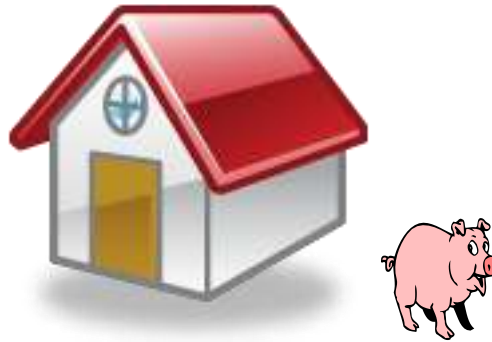


The second little pig built her house of wood. Lots and lots of wood. She liked the wood because it looked like the barn she liked most back at the farm. Mummy pig said the big bad wolf might blow it down. The second little pig liked the wood and built it anyway. She built 2 floors because that made her feel safe.



The third little pig asked Mummy and Daddy pig, because they were on his network, how to build a house nice and safe. Mummy and Daddy pig had sent the third little pig to see Melanie and Peter when he was a piglet because he needed the LPMHS (Little Piglet Mental Health Services). They had heard about Melanie and Peter from the Badgers and The Sett. Peter and Melanie warned the third little pig about the big bad wolf. The big bad wolf did not like the pigs feeling safe.

The third little pig liked what Melanie and Peter had taught him at LPMHS and built a brick house. He thought he should share it because it is important to feel safe and everybody needed to have lots of people like Melanie and Peter to talk to and to help them. When he had seen Peter and Melanie for the last session he called his brother and sister together and thought of people that could help them when they needed someone to talk to.



The third little pig talked to his brother and sister; they didn't like to listen at first but he carried on talking to them and showing them that sometimes you had to stop take a deep breath and think some more. He showed them how strong his brick house was, how safe he was inside, away from the big bad wolf. He showed them how calm he could feel in the brick house and how warm and cosy and nice smelling the brick house was. He was able to draw a ginger pig and talk about how his brother and sister felt inside their straw and wood houses, when the big bad wolf and his *and* (gang?) were hanging around out side.

The 3 little pigs decided that they would extend the brick house with more rooms, made of bricks, a big brick barn, a conservatory, a brick mud bath, brick granny annex and a big brick post for scratching their backs



The 3 little pigs set up a Pigs Protective training course (PPB) in a brick out building – because every pig has the right to feel safe all

of the time. They can talk to any other pig on their network however awful or small the problem is.



*We all need a helping hand to grow*

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